

Professional Background

Lindsay Tarasconi has amassed over a decade of dedicated clinical experience in occupational therapy, with a specialised focus on neurological rehabilitation, spinal cord injury, and major trauma. Throughout her career, Lindsay has adeptly handled complex conditions ranging from traumatic brain injuries and stroke to multiple sclerosis and cerebral palsy, ensuring comprehensive treatment plans that address both physical impairments, cognitive impairments and psychological needs. Her expertise extends to managing secondary conditions such as dementia and chronic pain, enhancing her ability to provide holistic care to a diverse patient demographic.

In her professional practice, Lindsay has demonstrated significant skills in treating and managing complex neurological cases. Her experience includes working with individuals who have undergone catastrophic physical changes, necessitating detailed care plans and specialised therapeutic interventions. Particularly noteworthy is her work with patients suffering from traumatic brain injuries intertwined with mental health disorders such as depression and anxiety as a secondary diagnosis, which require an integrated approach to manage effectively.

Lindsay's proficiency in occupational therapy is complemented by her extensive involvement in coordinating multidisciplinary teams to enhance patient outcomes. She has been integral in MDT settings managed by case managers, collaborating closely with various healthcare professionals including rehabilitation consultants, physiotherapists, and psychologists. This collaborative approach has been crucial in setting goals and monitoring the progress of clients, particularly in complex rehabilitation scenarios.

Her ongoing commitment to professional development is evident in her recent completion of a Master of Science in Advanced Clinical Practice in Neurological Rehabilitation, alongside regular participation in specialized training and conferences to stay abreast of the latest practices in her field.

Lindsay is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialism

- Brain Injury
- Neurological conditions
- Spinal Cord Injury
- Catastrophic Injuries
- Cognitive disability
- Cancer

Age group

- Adults
-

Career history

- Private Associate Occupational Therapist
The OT Centre
January 2016 – Present
- Private Associate Occupational Therapist
Enable Therapy Services
October 2022- Present
- Clinical Lead Occupational Therapist
Withybush Hospital
Hywel Dda University Health Board
June 2023- Present
- Clinical Lead Occupational Therapist
Cancer Prehab
Hywel Dda University Health Board
April 2022- June 2023
- Specialist Occupational Therapist and Team Lead
Neuromuscular Long Term Ventilation Service
University Hospital of Wales
Cardiff and Vale University Health Board
June 2020- April 2022
- Specialist Occupational Therapist,
Neurology & Neurosurgery
University Hospital of Wales, Cardiff
Cardiff and Vale University Health Board
January 2021- April 2021
- Specialist Occupational Therapist
Welsh Regional Spinal Injury Centre
Rookwood Hospital, Cardiff
Cardiff and Vale University Health Board
June 2020- December 2020
- Specialist Occupational Therapist & Team Lead for Stroke
Princess of Wales Hospital, Bridgend
Cwm Taf Morgannwg University Health Board
September 2017 – June 2020
- Senior Stroke Specialist Occupational Therapist
Ysbyty Cwm Rhondda and Prince Charles Hospital
Cwm Taf University Health Board
December 2014 – September 2017
- Stroke Specialist Occupational Therapist
Llandough Hospital, Cardiff
Cardiff and Vale University Health Board
February 2013 – December 2014

Qualifications

- Plymouth University , 2023
“MSc Advanced Professional Practice in Neurological Rehabilitation”
,Distinction
- Cardiff University, 2011
“BSc Occupational Therapy”, 1st Class Hons

Professional Memberships

- HCPC
- BAOT
- RCOT