

## Professional Experience

Venugopal Durairaj is an experienced physiotherapist with an impressive 26-year career, dedicating nearly two decades to specialising as a Neuro Physiotherapist. His extensive experience encompasses a broad spectrum of neurological conditions, including adult stroke, brain injury, multiple sclerosis (MS), Parkinson's, and spinal cord injury, as well as a notable focus on paediatric and adult neurological clients in India before transitioning to adult clients in the NHS setting in the UK. Since 2019, Venugopal has expanded his practice into the private sector, treating adolescents with Functional Neurological Disorder (FND) and movement disorders, showcasing his adaptability and depth of expertise in neuro-rehabilitation.

Venugopal's approach to clinical management is characterised by his comprehensive care for long-term brain-injured clients, where he has innovatively implemented T roll-positioning plans and motor therapy plans as part of a long-term rehabilitation strategy for wheelchair or bed-bound clients. His role in multidisciplinary teams (MDT) within the NHS and private practice highlights his ability to coordinate and budget for MDT input, ensuring clients receive the best possible care. This includes overseeing therapy technicians, contributing to home gym plans for clients, and instructing personal assistants in activity-based exercises, demonstrating his commitment to enhancing the quality of life for those with neurological conditions.

In his professional background, Venugopal has shown exceptional leadership as a Clinical Neuro Specialist for Long Term Conditions and Stroke, managing community-based group exercise programs and leading teams in various capacities. His experience in budget management as a Case Manager, leading teams of up to 12 providers for a single client, underscores his capability to oversee complex care scenarios. Venugopal's contribution to research, including co-authoring three international publications and a systematic review for the Cochrane Library, further establishes his commitment to evidence-based practice and advancing the field of neuro-physiotherapy.

Venugopal's communication skills are exemplary, ensuring clear and effective interaction with clients, families, and multidisciplinary team members. His organizational prowess, demonstrated through managing multiple roles and utilising technology to streamline processes, alongside his leadership in embracing change and efficiency, positions him as a dynamic and innovative practitioner.

Venugopal is fully trained in Civil Procedure Rules, including relevant revisions as they arise, and maintains his continuing professional development via a range of training.

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## Specialism

- Brain Injury
- Cerebral Palsy
- Spinal Cord Injury
- Specialist equipment provision
- Neurological conditions and disorders
- Organic and functional mental health conditions

## Age group

- Adults
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## Career history

- Case Manager - Unite Professional Ltd **February 2023 - Current**
- Associate – D2M Private physiotherapy practice **July 2022- Current**
- Associate - NT rehab – Private Physiotherapy Practice **February 2022- Current**
- Locum physiotherapist **2021 - 2022**
- NHS - Band 7 Advanced Physiotherapist at UHNM Stafford County Hospital, Stafford **2020-2021**
- LOCUM Specialist Physiotherapist CNRS team, Newport, South Wales. **2019-2020**
- Self Employed- Specialist Physiotherapist- Brain injury rehab Holy Cross Hospital, Surrey **April- November 2019**
- Locum - Band 7 Specialist Physiotherapist at Good Hope Hospital, Sutton Coldfield. **May-June 2019**
- Locum - Falls Orthopaedics and general rehab – Scotia Ward, Haywood hospital, Stoke on Trent. **July - August 2019**
- NHS - Specialist Physiotherapist Stroke, SSOTP and East Staffordshire Virgin Health Care, **2011-2019**
- Specialist physiotherapist with Falls and Osteoporosis NHS - South Staffs PCT **2009-2011**

## Qualifications

- MSc Neuro-musculoskeletal Healthcare 2008 - 2010 Completed masters at Keele University UK, which included practical modules such as Dynamic Ultrasound for muscle / joint imaging and research at master's level
- Bachelor of Physiotherapy 1993-1997. Completed the course with university high score in Clinical Orthopaedics module, overall score 2:1
- HCPC

## Professional Memberships