

Professional Background

Amy Huzzard brings an extensive 25-year background in occupational therapy, with nearly two decades dedicated to clinical practice. She has specialised in neurological rehabilitation, particularly focusing on stroke and brain injury, alongside significant experience in elderly care. Amy's expertise covers a broad range of physical medicine domains, including medical, surgical, orthopaedics, and acute neurology, and has been instrumental in delivering high-quality rehabilitation services both in hospital settings and in the community. Her practice extends into private consultancy, where she conducts functional care needs assessments, capacity assessments, as well as intensive one-on-one brain injury rehabilitation.

Her clinical acumen is particularly noted in her management of complex cases involving severe brain injuries and stroke rehabilitation, where she integrates comprehensive care approaches to address both physical and cognitive impairments. This work often intersects with significant mental health challenges such as depression, anxiety, and functional neurological disorders, enriching her approach to holistic patient care. Amy's experience with a diverse age range of adults, from 18 to over 90 years old, underscores her adaptability and skilled application of tailored rehabilitation strategies that consider the unique needs of each age group.

Amy's role often involves coordinating multi-disciplinary teams to create individualised rehabilitation plans. She has effectively collaborated with neurologists, psychologists, physiotherapists, speech and language therapists, and other rehabilitation specialists to construct holistic rehabilitation packages. Her leadership extends to overseeing complex care coordination in community settings, integrating social care and charity services to optimise patient outcomes. As a staunch advocate for continuous professional development, Amy remains at the forefront of her field by engaging in regular training and maintaining active membership in the neurological section of the Royal College of Occupational Therapists.

Amy is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialism

- Neurological conditions & injuries
- Mental health & learning disability
- Vocational
- General medical & surgical conditions
- Environmental/housing adaptations
- Specialist equipment provision
- Rehabilitation planning

Age group

- Adults
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Career history

- Specialist Occupational Therapist
Newcastle Community Stroke Service April 2021 – Present
- Associate OT
The OT Service April 2021 - Present
- Specialist Occupational Therapist Locum
Blyth Community Hospital October 2020 – March 2021
- Specialist Occupational Therapist
Community Acquired Brain Injury service September 2015 – December 2020
- Locum Occupational Therapist
Community MS Team April 2015 – July 2015
- Honorary Occupational Therapist
Inpatient Neuro rehab and elderly care November 2014 – February 2015
- Locum Occupational Therapist
Dorset House rehabilitation Unit April 2007 – October 2007
- Various Locum Occupational Therapy roles
Neuro rehab units, Acute Neurosciences,
HDU, ITU, Infectious diseases, Acute Medical,
Surgical, Orthopaedics and elderly care &
Borderline Personality Disorders day unit April 2000- August 2006

Qualifications

- Occupational Therapy, Robert Gordon's
University, BSC
1999

Professional Memberships

- RCOT, specialist section
neurological practice
 - HCPC
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