

Case Management Experience

Karen's is an experienced physiotherapist and Case Manager specialising in neurology in both paediatric and adult populations, dealing with complex and catastrophic injuries. Her work encompasses a wide spectrum of conditions, including acquired brain injuries, degenerative neurological disorders, and traumatic orthopaedic injuries, highlighting her capacity to handle high-stakes medical scenarios. Karen's proficiency is particularly noted in managing the delicate intricacies of traumatic brain injuries resulting from road accidents, as well as congenital and genetic disorders such as cerebral palsy, which necessitate sophisticated, multi-faceted care strategies including home ventilation and spasticity management.

Her clinical experience extends beyond direct patient care into comprehensive case management, where she has been pivotal in coordinating care for individuals with catastrophic spinal cord injuries. Her role involves extensive liaison with medical staff, legal teams, and therapy providers, ensuring all aspects of patient care are seamlessly integrated. This includes sourcing appropriate housing accommodations and conducting detailed risk assessments to facilitate safe living environments for those severely affected by their conditions.

Karen's led teams comprising neurologists, psychologists, occupational therapists, and other healthcare professionals in creating and implementing personalised rehabilitation plans. Her leadership in goal-setting meetings and review sessions ensures that all care objectives are met, aligning with the holistic needs of her patients and striving for the best possible recovery outcomes.

Specialism

- Brain Injury
- Neurological conditions
- Amputations
- Cerebral Palsy
- Spinal Cord Injury & Peripheral nerve conditions & injuries
- Orthopaedic & MSK injuries/conditions
- Burns

Age group

- Adults
- Children

Professional Background

With a robust foundation of over 20 years as a qualified physiotherapist, Karen Lovell has amassed significant expertise working across diverse settings, including acute care hospitals, community outreach programs, clinics, and educational institutions. Her career has been marked by a profound commitment to neurology, providing her with the ability to deliver specialised therapeutic interventions that cater to a broad demographic, from young children to adults.

Karen has held various leadership roles that have honed her skills in team management and clinical education. As a Clinical Performance Lead, she was responsible for the training, mentoring, and performance evaluation of a team of health professionals, enhancing their clinical skills and ensuring high standards of patient care. Her expertise also extends to budget management, where she has been responsible for overseeing financial allocations within her roles, ensuring optimal resource utilization and service delivery.

Karen remains deeply engaged in professional development and the broader medical community. Her continuous involvement in workshops, peer reviews, and specialized training sessions, like her recent HCPC revalidation, underscores her dedication to maintaining clinical excellence. Her leadership extends beyond clinical settings into educational contributions, where she actively participates in discussions, shares insights, and implements innovative solutions to improve patient care and team efficiency.

Career history

- Bank Physiotherapist SeaShell Trust 2023 to present
Currently, work in a Special School with children and young people who have a wide variety of physical, learning and multisensory difficulties. My role involves undertaking assessments for children, goal setting, drawing up and implementing and reviewing programs, liaising with relevant agencies and services and attending relevant meetings.
- Specialist Children's Physiotherapist (NHS) 2019- 2023
Working in The Community Team. Varied caseload including a mixture of clinic work, and special schools. The clinic setting broadly involves undertaking assessments and delivery of treatment with children with neurological conditions for example Cerebral Palsy with varying GMFCS levels. A large part of my role in the special school was the provision of Postural Management and delegation of exercise programs. In addition liaising with other MDT members and collaborating with services involved with that particular child for example education, carers/respice providers, health and Safeguarding teams.
- Assessment Officer Manchester City Council 2018-2019
Working with Manchester Equipment & Adaptations Partnership. The main duties in this role were providing assessments for specialist equipment needed in children's homes for example specialist seating.
- Disability Analyst ATOS/Maximus 2010-2016
Working as a physiotherapist carrying out functional assessments of individuals in application for ESA (employment support allowance) and the provision of advisory reports to the DWP (department of work and pensions)
- Senior Physiotherapist Paediatrics (NHS) 2006-2010
This involved working autonomously in both inpatients and outpatients. Inpatients involved assessment and treatment mostly with orthopaedic and respiratory conditions with some neo natal input also. The vast majority of this role however was based in a Child development Centre
- Junior Physiotherapist (NHS) 2004-2006
Including Musculoskeletal, Respiratory, Orthopaedics & Neurology

Qualifications

- Leeds Metropolitan University, BSc (Hons) Physiotherapy (1st Class Honours), 2004

Professional Memberships

- HCPC