

## Professional Background

Marie Milner has accumulated nearly two decades of dedicated clinical experience in nursing, specialising in managing acute medical conditions and complex co-morbidities. Throughout her career, Marie has adeptly handled a diverse range of cases, including neurological conditions such as Alzheimer's disease, brain injuries, and ataxia, as well as co-existing conditions like depression, anxiety, respiratory issues, frailty, learning difficulties, and bowel and bladder comorbidities. Her holistic approach ensures comprehensive treatment plans that address both physical and psychological needs.

In her professional practice, Marie has demonstrated significant skills in managing complex cases involving acute and chronic conditions. Her experience includes working with individuals facing multifaceted health issues, necessitating detailed care plans and specialised therapeutic interventions. Notably, she has effectively managed patients suffering from acute medical conditions intertwined with mental health disorders such as depression and anxiety, requiring an integrated approach to ensure optimal patient outcomes.

Marie's proficiency in nursing is complemented by her extensive involvement in coordinating multi-disciplinary teams. She has played a crucial role in collaborating with healthcare professionals, including neurologists, psychologists, and occupational therapists, to enhance patient outcomes. This collaborative approach has been vital in setting and monitoring rehabilitation goals, particularly in complex care scenarios.

Marie's commitment to professional development is evident in her active participation in specialised training and courses. As a Band 7 Nurse Prescriber, she regularly attends workshops and has recently completed courses focused on managing challenging behaviours and complex care in community settings. Her dedication to continuous learning ensures that she stays abreast of the latest practices in her field, allowing her to deliver high-quality, evidence-based care to her patients.

Marie is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

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## Specialism

- Neurological conditions & injuries
- Spinal cord & peripheral nerve injury
- Mental health & learning disability
- Orthopaedic & MSK injuries
- General medical & surgical conditions
- Respiratory conditions

## Age group

- Amputations
  - Burns
  - Pain conditions
  - Sensory impairment
  - Cancer and palliative care
  - Adults
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## Career history

- Band 7 team Leader July 2021 to Present  
Shropshire Community Health NHS Trust
- Complex care Nurse August 2020 - August 2021  
Bespoke Health & Social Care - midlands
- Nurse May 2019 to May 2020  
Newcross Healthcare Solutions
- Deputy Manager June 2019 to December 2019  
Vicarage Care - Shrewsbury
- Complex care manager/complex care Nurse September 2018 to February 2019  
CLCA - Shrewsbury
- Accident emergency/amu October 2009 to October 2016  
Shrewsbury and Telford Hospital NHS Trust
- Sister/deputy manager October 2005 to October 2009  
Hillcrest Care Home

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## Qualifications

- Diploma in Nursing in Staffordshire, January 2003
- Level 7 nurse prescribers in Masters, Staffordshire University, September 2022

## Professional Memberships

- NMC registered