

Professional Background

Clare Lewis brings a rich and extensive career spanning over two decades in Occupational Therapy, with a specialisation in general rehabilitation following surgery, trauma, orthopaedics, and management of long-term conditions. Her expertise spans from aiding recovery for patients experiencing orthopaedic fractures, such as those to the femur, humerus, and spine, to handling complex cases across a broad age spectrum. Clare's profound experience includes both acute hospital care and community settings, where she has adeptly facilitated transitions from hospital to home care, ensuring seamless continuance of therapy and support.

Throughout her career, Clare has managed complex cases involving patients with conditions like Dementia, Parkinson's disease, psychosis, and personality disorders. Her work often intersects with mental health challenges, where she integrates comprehensive therapeutic strategies to enhance patient outcomes. Notably, Clare has been instrumental in designing and coordinating multidisciplinary rehabilitation packages tailored for individuals following serious illnesses or traumatic injuries. Her leadership in assembling teams comprising occupational therapists, consultants, social workers, physiotherapists, and nurses has been crucial in crafting effective, individualised care plans that address the multifaceted needs of patients.

In her role, Clare has demonstrated exceptional capability in managing care packages in collaboration with social workers and care agencies. Her proactive approach to writing manual handling plans and preventing care breakdown showcases her commitment to not only meeting but exceeding the rehabilitative needs of her clients. To stay at the forefront of her field, Clare engages continuously in professional development, attending workshops and courses pertinent to her area of expertise, ensuring her practice reflects the most current standards and techniques. Her leadership experience as a team lead for the Occupational Therapy Team underscores her capacity to guide and mentor teams, enhancing service delivery and fostering an environment conducive to the rapid response and effective management of patient care.

Clare is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialism

- Neurological conditions & injuries
- Orthopaedic & MSK injuries, conditions
- Mental health & learning disability
- General medical & surgical conditions

Age group

- Adults
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Clare Lewis

Occupational Therapist
Expert Witness

Pembrokeshire



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Career history

- Occupational Therapist at Piers Meadows
Glangwilli hospital

January 2023 - Present

Qualifications

- Occupational Therapy, Robert Gordon's
University, BSC
1999

Professional Memberships

- HCPC
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