

Professional Background

Esnart Namakando is a registered nurse with over 25 years of comprehensive clinical experience specialising in complex care, primarily within paediatric and adult neuro-disability settings. Her extensive tenure at a leading neuro-disability specialist hospital in London, combined with her work in various NHS and private hospitals, has equipped her with profound expertise in managing patients affected by a wide range of severe neurological conditions. These include traumatic brain injuries from road traffic accidents, Huntington's disease, cerebral palsy, multiple sclerosis, epilepsy, Parkinson's disease, and stroke among others.

Esnart's experience encompasses caring for patients with both acute and chronic manifestations of neurological damage. She has been instrumental in the care of patients with hypoxic brain damage due to incidents like drowning or respiratory obstruction, and managing acute and chronic pain across all specialties. Her role has often required her to lead the Clinical Emergency Team (CET) in critical situations such as cardiac or respiratory arrests and complex seizure management, showcasing her leadership in high-pressure environments and her ability to make rapid, life-saving decisions.

In her capacity as a Deputy Nurse Manager and previously as a Clinical Nurse Manager at the Royal Hospital for Neuro-disability, Esnart has demonstrated exceptional skills in coordinating multidisciplinary teams and designing individualised care plans. Her management experience is extensive, having been responsible for overseeing care in 8 wards and handling complex cases requiring multifaceted therapeutic approaches. She has successfully managed teams of up to 150 staff members, ensuring cohesive team operations and high standards of patient care.

Esnart is committed to ensuring her clinical skills are up to date through continuous professional development. She regularly attends training sessions, conferences, and seminars, such as the MND awareness conference and the Care Show in London, keeping her knowledge current on the latest practices and innovations in complex care. Her involvement in research, including roles as a principal investigator and contributions to published research and textbooks, highlights her dedication to advancing nursing knowledge and practices.

Esnart is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialism

- Neurological conditions & injuries
- Spinal cord & peripheral nerve injury
- Orthopaedic & MSK injuries, conditions
- Mental health & learning disability
- General medical & surgical conditions
- Sensory impairment
- Cancer and palliative care
- Respiratory conditions
- Wound management
- PEG feeding
- Tracheostomy care
- General nursing

Age group

- Adults
 - Children
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Career history

- Deputy Nurse Manager June 2022-Present
Cavendish Homecare (Professionals) Ltd
- Tier 1 Clinical Contact Case Worker August 2021-February 2022
NHS Professionals
Watford, Hertfordshire
- Tier 2 Clinical Contact Case Worker October 2020 – August 2021
NHS Professionals
Watford, Hertfordshire
- Registered Nurse August 2018 - January 2020
Parkside Hospital
Wimbledon, London
- Registered Nurse, CHD Living July - September 2018
Kingston Rehabilitation Centre
Surrey
- Ward Manager March 2014 - September 2017
Royal Hospital for Neuro-disability
Putney, London
- Clinical Nurse Manager July 2004 - February 2014
Royal Hospital for Neuro-disability
Putney, London

Qualifications

- 2005, Diploma in Health Services Management/University of Manchester/Royal College of Nursing
- 2003, D32/33 Assessor's Qualification City and Guilds, London
- 1994, MSc Degree/Contre for International Child Health, University of London

Professional Memberships

- Member of the Royal College of Nursing
- Registered with the Nursing and Midwifery Council